

Improve Your Performance Skills as A Singer

Warm Ups - Tongue Twister Challenge

Emotion - practice communicating a range of emotions

Character - What's your motivation?!?

Confidence skills - overcome stage fright

Tongue Twisters!

Vocal warm ups are important to us singers. But they are not just useful for our vocal chords, but also for our facial expressions and physical expression. Have some fun saying these tongue twisters fast or slow, with different moods or a different accent. Challenge your friends and family to a Tongue Twister War!!

A - Around the rugged rocks the ragged rascal ran.

B - Big black bug bit a big black bear and the big black bear bled black blood.

C - Can I cook a proper cup of coffee in a copper coffee pot?

D - Don't doubt the doorbell, but differ with the doorknob.

E - Eight gray geese in a green field grazing.

F - The free thugs set three thugs free.

G - Grab the groundhog from the glazed grass.

H - High roller, low roller, lower roller.

I - Inexplicably mimicking him hiccupping.

J - Jingle jungle jangle joker.

K - Knit kilts for nasty cold nights.

L - Little lucky luke likes lakes, lucky little luke likes licking lakes

M - Monkeys make monopoly monotonous.

N - The Next nest will not necessarily be next to nothing.

O - Only royal oily royal oil boils

P - Peter Prangle, the prickly pear picker, picked three perfectly prickly pears.

Q - Queen Catherine wakes the cat, and the cat quietly cries.

R - Roberta ran rings around the Roman ruins.

S - Six stick shifts stuck shut.

T - The thirty-three thieves thought that they thrilled the throne throughout Thursday.

U - Unique New York, Unique New York, Unique New York.

V - Venti, Grande, Tall - Very Grand Words for Large, Medium, Small.

W - Wayne went to Wales to watch walruses.

X - Xylophones exist or so existentialists insist.

Y - Yoda met a Yeti on the Plains of Serengeti. Z - Zoologists illogically love to read astrology.

Emotion Station

When you sing a song, you are telling a story or conveying a part of the narrative of the show. Choose an easy chorus of your favourite song and say it out loud in the emotion you roll on your dice.

Roll an Emotion!

Roll to find out **HOW** you will read!



excited



angry



gloomy



surprised



tired



annoyed

Notice the difference in how you use your voice. The tone and texture will change depending on the emotion you are trying to communicate. The speed will differ as will as the diction.

Now try singing your chorus in the emotion you roll on the dice.

Character

“I’m a singer not an actor” I hear you cry! But you have to be a little bit of both. Whether you are singing on stage or safe behind a pop shield and headphones, you have to portray that character in order to put the right message of the song across.

1 relationship Make it about your connection to the other person and your environment. Who are they to you? Where are you?

You always have a need or a want when talking to someone. Discover what this is but realize this can change many times during a conversation! **need 2**

3 history Create a life using your imagination. The more specific, the stronger the connection.

Use yourself absolutely, bring yourself through but you cannot just BE yourself. **personalisation 4**

5 mask/core We have many layers, discover what to show/hide. Because as humans we sometimes hide our true feelings/emotions with things like humor or anger.

Embrace them!!! Celebrate what is unique about you! You are Delicious! **imperfections 6**

7 controlstop! Live in the unknown and let go of control. We are not meant to be perfect.

Bring the lightness into the conversation. Even in some of the darkest of times humor helps in many ways. **humour 8**

9 moment to moment Dont get stuck on YOU. You must react to what is in front of you but most importantly, you must be open and ready to react in a way you may not have thought of.

Create. Create. Create. Your imagination is limitless! So dive deep into it. to create. a fully fleshed, beautifully flawed, layered life! **imagination 10**

Character Activity

Have a go at learning one of these monologues. Ask yourself the following questions

- Who is the character?
- What is happening in the story at this moment?
- What are their physical attributes?
- What does their voice sound like?
- What emotions are they showing throughout the monologue?
- What message do you want to portray?

Video yourself and watch it back.

- Were you convincing?
- What could you improve or change?
- What worked?

Once you get used to this process, go back to your songs. Apply the same kind of questions to the character in the song or the storyline or idea if it's a pop song.

ABE

Abe's dad is trying to teach him to play baseball on a hot summer day.

Dad, I'm sick of this. The mosquitoes are eating me alive. Can't we go inside now? I don't really have to learn to play baseball. It's OK. I think I get it now. Eyes on the ball. Right.

Maybe I'm just not any good at this. Maybe I never will be. But a guy can only be hit in the head with a baseball so many times. I'm kinda sick of this game. I don't think I want to play any more. I'll just quit the team. Can't I just quit, Dad?

Kid Hero (Boy or Girl)

I've always dreamed of being a hero. I've tried everything to become super. I let a spider bite me... no spider powers; just lots of itching. I love being a hero. I love helping people. I love making them happy. And I hate bad guys. I hate creeps who hurt people.

There's this kid at school... he is always hurting everyone. I am sick of him hurting us. I just need those super powers to make him stop!

Maybe if I eat more of the school lunches. They look radioactive... something is bound to happen. (*excited*)

And I need a catch phrase like "gonna smoosh me a baddie"... and a cool costume... CAN't wait to be a hero!

Charlie & The Chocolate Factory (Roald Dahl)

Slugworth:

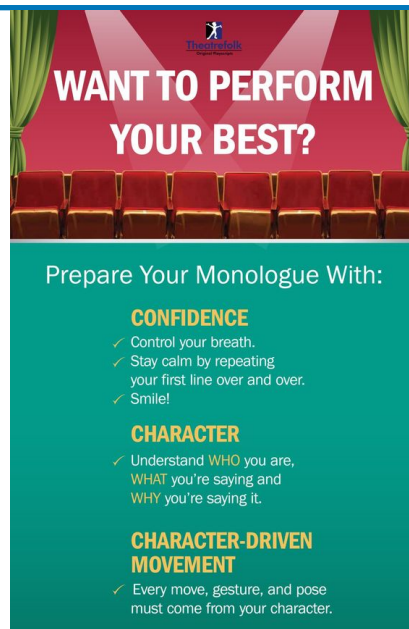
I congratulate you, little boy. Well done. You found the fifth Golden Ticket. May I introduce myself. Arthur Slugworth, President of Slugworth Chocolates, Incorporated. Now listen carefully because I'm going to make you very rich indeed. Mr. Wonka is at this moment working on a fantastic invention: the Everlasting Gobstopper. If he succeeds, he'll ruin me. So all I want you to do is to get hold of just one Everlasting Gobstopper and bring it to me so that I can find the secret formula. Your reward will be ten thousand of these. *(he flips through a stack of money)* Think it over, will you. A new house for your family, and good food and comfort for the rest of their lives. And don't forget the name: Everlasting Gobstopper.

ALICE – ALICE IN WONDERLAND

[Angrily] Why, how impolite of him. I asked him a civil question, and he pretended not to hear me. That's not at all nice. *[Calling after him]* I say, Mr. White Rabbit, where are you going? Hmm. He won't answer me. And I do so want to know what he is late for. I wonder if I might follow him. Why not? There's no rule that I mayn't go where I please. I – I will follow him. Wait for me, Mr. White Rabbit. I'm coming, too!

UNIVERSE

I saw on the Discovery Channel where a long time ago, before the beginning of time, the entire universe was as small as the head of a pin. And everything was inside it. Stars, planets, houses, people, cars – other pins. Everything in the universe. And then one day, this head of a pin just exploded and everything came out at like a million degrees hot and million miles an hour. And all the stars and planets and people and cars just kept getting bigger and bigger, until they filled up all of space and all of time, just burning and melting and spinning. And as soon as I heard that, I knew that I was just like that pin, and that one day I'm gonna explode too. And when I do, fire and stars and whole worlds will come out of me and they'll be a million degrees hot and they'll travel so far and so fast that I'll never have to come back here again. Not ever . . . Not ever.



WANT TO PERFORM YOUR BEST?

Prepare Your Monologue With:

- CONFIDENCE**
 - ✓ Control your breath.
 - ✓ Stay calm by repeating your first line over and over.
 - ✓ Smile!
- CHARACTER**
 - ✓ Understand WHO you are, WHAT you're saying and WHY you're saying it.
- CHARACTER-DRIVEN MOVEMENT**
 - ✓ Every move, gesture, and pose must come from your character.

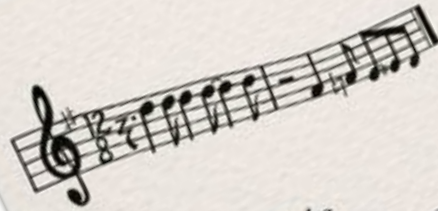
Confidence is Key

When you stand on the stage you must have a sense that you are addressing the whole world, and that what you say is so important the whole world must listen.

-Stella Adler

A painter paints pictures on canvas.
But musicians paint their pictures on silence.

~Leopold Stokowski



music
It has the power to make us smile,
and bring us to all types of tears.
It can carry us back in time,
and inspire us to
dance in the moment.
For all our happiest days,
there is music.

"When words fail, music speaks."

SHAKESPEARE

Believe in the power of

Music

Play the moments,
Soothe the mind,
Rest your soul,
Pause the memories,
Heal the pain,
Rewind the

good times.
-Barbz

Confidence
is like a
muscle.

The more
you use it,
the
stronger it
gets.

