

The 5-Finger Challenge

5-finger warm-up exercises for RH

E Harding

♩ = 80

1 2 3 4 5 1 2

C D E F G C D

12 1 3 1 4 1 5 2 3 2 4 2 5

C E C F C G D E D F D G

24 3 4 3 5 4 5 1 2 3 3 2 1

E F E G F G

37 1 2 3 4 4 3 2 1 1 2 3 4 5

46 5 4 3 2 1 1 2 3 4 5 4 3 2

55 1