

Lip Flexibilities

Trombone

Grade 1

1st 2nd

Grade 1 Exercise 1: First staff. Bass clef, 4/4 time, key of Bb. Measures 1-4: 1st position, notes Bb, C, D, E, F, G, A, Bb. Measures 5-8: 2nd position, notes Bb, C, D, E, F, G, A, Bb.

3rd 4th

Grade 1 Exercise 1: Second staff. Bass clef, 4/4 time, key of Bb. Measures 9-12: 3rd position, notes Bb, C, D, E, F, G, A, Bb. Measures 13-16: 4th position, notes Bb, C, D, E, F, G, A, Bb.

Grade 2

1st 2nd

Grade 2 Exercise 2: First staff. Bass clef, 4/4 time, key of Bb. Measures 1-4: 1st position, notes Bb, C, D, E, F, G, A, Bb. Measures 5-8: 2nd position, notes Bb, C, D, E, F, G, A, Bb.

3rd 4th

Grade 2 Exercise 2: Second staff. Bass clef, 4/4 time, key of Bb. Measures 9-12: 3rd position, notes Bb, C, D, E, F, G, A, Bb. Measures 13-16: 4th position, notes Bb, C, D, E, F, G, A, Bb.

Grade 3

4th 3rd

Grade 3 Exercise 3: First staff. Bass clef, 4/4 time, key of Bb. Measures 1-4: 4th position, notes Bb, C, D, E, F, G, A, Bb. Measures 5-8: 3rd position, notes Bb, C, D, E, F, G, A, Bb.

2nd 1st

Grade 3 Exercise 3: Second staff. Bass clef, 4/4 time, key of Bb. Measures 9-12: 2nd position, notes Bb, C, D, E, F, G, A, Bb. Measures 13-16: 1st position, notes Bb, C, D, E, F, G, A, Bb.

Grade 4

4th 3rd

Grade 4 Exercise 4: First staff. Bass clef, 4/4 time, key of Bb. Measures 1-4: 4th position, notes Bb, C, D, E, F, G, A, Bb. Measures 5-8: 3rd position, notes Bb, C, D, E, F, G, A, Bb.

2nd

Grade 4 Exercise 4: Second staff. Bass clef, 4/4 time, key of Bb. Measures 9-12: 2nd position, notes Bb, C, D, E, F, G, A, Bb. Measures 13-16: 2nd position, notes Bb, C, D, E, F, G, A, Bb.

1st

Grade 4 Exercise 4: Third staff. Bass clef, 4/4 time, key of Bb. Measures 17-20: 1st position, notes Bb, C, D, E, F, G, A, Bb. Measures 21-24: 1st position, notes Bb, C, D, E, F, G, A, Bb.

Trombone

Grade 5

Musical notation for Grade 5 exercise. It features a single staff in bass clef with a key signature of one flat (B-flat). The exercise begins with a whole rest, followed by a quarter rest, and then a series of eighth notes ascending from G2 to G4. A slur covers the entire ascending sequence, with the label "1st" above the first note. The exercise concludes with a half note G4.

Repeat (descending) using the following slide positions 2nd - 3rd - 4th

Grade 6

Musical notation for Grade 6 exercise. It features a single staff in bass clef with a key signature of one flat. The exercise starts with a whole rest, a quarter rest, and a quarter note G2. This is followed by a repeat sign. Above the repeat sign is the label "3 times". The first measure of the repeat contains an eighth note G2, followed by eighth notes ascending to G4. A slur covers this ascending sequence, with the label "1st" above the first note. The second measure of the repeat contains eighth notes descending from G4 to G2. The exercise ends with a quarter note G2.

Repeat (descending) using the following slide positions - 3rd - 5th - 6th

Grade 7

Musical notation for Grade 7 exercise. It features a single staff in bass clef with a key signature of one flat. The exercise begins with a quarter note G2, followed by eighth notes ascending to G4. A slur covers the entire ascending sequence, with the label "1st" above the first note. The exercise concludes with a quarter note G4.

Repeat (descending) using the following slide positions - 3rd - 5th - 7th

Grade 8

Musical notation for Grade 8 exercise (top part). It features a single staff in bass clef with a key signature of one flat. The exercise begins with a quarter note G2, followed by eighth notes ascending to G4. A slur covers the entire ascending sequence. The exercise concludes with a quarter note G4.

Musical notation for Grade 8 exercise (bottom part). It features a single staff in bass clef with a key signature of one flat. The exercise begins with a quarter note G2, followed by eighth notes ascending to G4. A slur covers the entire ascending sequence. The exercise concludes with a quarter note G4.

Repeat (descending) ⁶ using the following slide positions - 3rd - 5th - 7th ⁶